

Basil Christopher Vrettos completed his undergraduate medical degree in 1983 at the Godfrey Huggins School of Medicine at the University of Zimbabwe. After completing a surgical rotation in Nottingham, United Kingdom, he obtained the Fellowship of the Royal College of Surgeons of England in 1989. His orthopaedic training was undertaken at the Department of Orthopaedic Surgery of the University of Cape Town between 1990 and 1994 when he obtained the FCS (Orth) South Africa and a Masters (MMed) in Orthopaedic Surgery from the University of Cape Town.

He instituted the shoulder and elbow clinic at the Princess Alice Orthopaedic Hospital in Cape Town in 1995 and now serves it as an honorary consultant. In 1997 he undertook a Fellowship in shoulder and elbow surgery in Nottingham under the supervision of Angus Wallace and Lars Neumann. In 1998 he was selected as an ABC travelling fellow to North America.

He was the Chairman of the scientific committee for the 7th ICSS held in Cape Town in 2001 and was on the Scientific Committee for the 9th ICSS held in Brazil in 2007 and is on the scientific committee for the 10th ICSS to be held in Edinburgh in 2010.

He is a past president of the South African Shoulder and Elbow Surgeons and a corresponding member of the American Shoulder and Elbow Surgeons and the Shoulder and Elbow Society of Australia.

He is a reviewer for the British Journal of Bone and Joint Surgery, the African Editor of the Journal of Shoulder and Elbow Surgery and a member of the editorial board of the Shoulder and Elbow Journal.

He practices shoulder and elbow surgery at the Cape Shoulder and Elbow Clinic at the Vincent Pallotti Hospital in Cape Town.